SUSSEX

COUNTY LUNATIC ASYLUM

HAYWARDS HEATH.

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TWENTY-NINTH ANNUAL REPORTS

FOR 1887.

HAYWARDS HEATH:
C. CLARKE, PRINTER, "MID-SUSSEX TIMES" OFFICE.
1888.

CONTENTS.

PAGE

LIST OF THE COMMITTEE OF VISITORS AND OF THE OFFICERS OF THE ASYLUM. 3

TWENTY-NINTH ANNUAL REPORT OF THE COMMITTEE OF VISITORS (WITH BALANCE SHEET, &c.) . 5

FARM AND GARDEN BALANCE SHEET FOR 1887. . . 10

AN ABSTRACT OF THE ANNUAL RETURNS OF PAUPER LUNATICS CHARGEABLE TO THE SEVERAL UNIONS AND PLACES IN THE COUNTY OF SUSSEX 11

LOAN ACCOUNT 12

THE MEDICAL SUPERINTENDENT'S TWENTY-NINTH ANNUAL REPORT 14

RESIGNATION OF THE MEDICAL SUPERINTENDENT, DR. WILLIAMS 23

THE CHAPLAIN'S TWENTY-NINTH ANNUAL REPORT 27

THE REPORT OF THE COMMISSIONERS IN LUNACY 29

APPENDIX.

(1) THE REVISED TABLES OF THE MEDICO-PSYCHOLOGICAL ASSOCIATION FOR 1887 . 35

(2) FINANCIAL AND DOMESTIC TABLES. . . 48

COMMITTEE OF VISITORS AND OFFICERS.
1888.

EASTERN DIVISION.

1.*Campion, William Henry, Esq., Danny, Hurstpierpoint.
2. Esdaile, J. Kennedy, Esq., Saint Hill Place, East Grinstead.
3.*Fitzhugh, General Henry Terrick, Streat Place, Hurstpierpoint.
4. Hepburn, General Henry Poole, C.B., The Hooke, Chailey.
5.*Hill, The Lord Arthur William, M.P., Wakehurst, Haywards Heath.
6. Lewis, Lieut.-Col. William Rowe, Hollington, Hastings.
7.*Lister, Thomas Thompson Cunliffe, Esq., Borde Hill, Cuckfield.
8.*Pakenham, Rear-Admiral the Honourable Thomas Alexander, Franklyns, Haywards Heath.
9. Peel, Lawrence Charles Lennox, Esq., C.B., Woodcroft, Cuckfield.
10.*Rawson, Philip, Esq., Woodhurst, Crawley.
11. Rose-Holden, Lieut.-Col. John Rose, The Ferns, Wivelsfield.
12.*Sclater, James Henry, Esq., Newick Park, Lewes, *Chairman.*
13.*Sclater, Captain James Robert Charles, Newick Park, Lewes.
14.*Sergison, Major Warden, Cuckfield Park.

WESTERN DIVISION.

1. Barttelot, Captain Walter George, Stopham, Pulborough.
2. Burrell, Sir Charles Raymond, Bart., Knepp Castle, Horsham.
3. Dalbiac, Henry Eardley Aylmer, Esq., Durrington, Worthing.
4.*Gorringe, Hugh, Esq., Kingston House, Kingston-on-Sea.
5. Goring, Rev. John, Wiston Park, Steyning.
6. Hargood, Harry, Esq., North Lodge, Worthing.
7. Penfold, Hugh Charles, Esq., Rustington House, Worthing.
8.*Wisden, Lieut.-Col. Thomas Faulconer, Broadwater, Worthing.

BRIGHTON BOROUGH.

1.*Savage, William Dawson, Esq., Ellerslie House, Park Road East, Brighton.
2. Tatham, George, Esq., Marlborough Place, Brighton.

OFFICERS.

Medical Superintendent—S. W. D. Williams, Esq., M.D.
Senior Assistant Medical Officer—E. B. C. Walker, Esq., M.B.
Junior Assistant Medical Officer—M. O. Manson, Esq., M.R.C.S.E.
Chaplain—Rev. F. F. J. Greenfield, B.A.
Clerk of the Asylum—Mr. S. A. Mortlock.
Storekeeper—Mr. T. Lenton.
Housekeeper—Mrs. Woodhouse.
Head Attendants—Mr. W. T. Buckle (Male Department).
Miss Buckle (Female Department).
Assistant Female Officer—Miss Heading.
Treasurer—George Whitfeld, Esq., Lewes.
Clerk to the Visitors—Reginald Blaker, Esq., Lewes.

* Members of the House and Farm Committee.

February 1st, 1888.

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SUSSEX COUNTY LUNATIC ASYLUM

HAYWARDS HEATH.

TWENTY-NINTH ANNUAL REPORT OF THE COMMITTEE OF VISITORS.

To Her Majesty's Justices of the Peace for the County of Sussex, assembled in Quarter Sessions, held at Lewes, in and for the Eastern Division of the said County, on Monday, the 2nd day of January, 1888, *and at Petworth, in and for the Western Division of the said County, on Thursday, the 5th day of January,* 1888.

The Committee of Visitors of the Sussex County Lunatic Asylum at Haywards Heath, appointed at the Epiphany Sessions, 1887, have the satisfaction of reporting very favourably of the highly efficient condition and good management of the County Asylum.

The Number of Patients in the Asylum at the date of this Report are :—

Males	370
Females	478
Total .	848

The Admissions during the year were . .	226
The Discharges	109
The Deaths	93

Comparing these numerical results with those of last year, it will be found that the Admissions and Deaths have increased, whilst the Discharges have diminished. This diminution in the Discharges is due to the discharge, in the previous year, of the Female Patients from the Non-Contributing Borough of Hastings, which was an exceptional circumstance.

The higher rate of mortality is due to the severe weather in the spring, which caused much illness of a pulmonary nature amongst the feeble and the aged.

There was an outbreak of Scarlet Fever in the Asylum in the spring, which attacked one Attendant and five Patients. The Sanatorium, however, afforded such an efficient means of immediate isolation that the spread of the epidemic was arrested.

The Numbers in the Asylum have increased during the year by 24. At one time in the autumn, owing to unusually numerous admissions, the Asylum was nearly full, but the removal of old and chronic cases to the Workhouses, and of late a less rapid rate of admissions, have relieved the congestion, and there are now 32 vacant beds.

The Cottages erected last year for the farm servants were occupied early in the spring, and have answered their purpose admirably.

The subject of further means of extinguishing fire in the Asylum is still under the consideration of the Committee.

The conduct of the Officers of the Asylum during the past year has been highly satisfactory to the Committee, and Dr. E. B. C. Walker, the Senior Assistant Medical Officer, has in the absence of Dr. Williams shewn zeal and ability in his temporary management of the Asylum.

Mr. M. O. Manson, the Junior Assistant Medical Officer, resigned his appointment on December 1st, and his successor will be appointed at the first Committee meeting of the new year.

The Committee regret to report the resignation, from ill-health, of Mr. H. Jones, who has discharged the duties of Clerk to the Committee of Visitors of the Asylum for 25 years with great ability and fidelity, and to the entire satisfaction of the Committee.

Your Committee have also, with deep regret, to report to the Court the resignation of the Medical Superintendent, Dr. Williams, whose health, after 22 years' service at the Asylum, has broken down under the strain of an unceasing devotion to the duties of his office.

Your Committee feel that by his constant exertions, first in taking in Out-County Patients whereby, without having recourse to the County Rates, funds have been

obtained to defray the continual expense of alterations and repairs in an Asylum built for 400 but now containing 848 inmates, and, secondly, by his careful recommendation for discharge of Patients either as recovered or to be sent to the Workhouses, Dr. Williams has rendered highly valuable services to the ratepayers of the County of Sussex, and has for some years past relieved them from the expense of providing a second Lunatic Asylum.

Your Committee, after a careful consideration of these circumstances, and also of the entire failure of the health of Dr. Williams after a service of 22 years, and having also a due regard to the scale of retiring pensions granted to Medical Superintendents in other County Asylums, beg to recommend to the Court that a Superannuation Allowance of £500 a year be granted to Dr. Williams.

JAMES H. SCLATER,
Chairman.

HAYWARDS HEATH,
24TH DECEMBER, 1887.

SUSSEX COUNTY LUNATIC ASYLUM, HAYWARDS HEATH.

INCOME and EXPENDITURE for the Year ending 31st December, 1887.

INCOME.

HEADS OF INCOME.	QUARTERS ENDING. 31st March.	30th June.	30th Sept.	31st Dec.	Year ending 31st Dec.	Total.
	FROM WEEKLY RATE.					
	£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.
From Unions Contributing to the Asylum, for Maintenance	4246 0 2	4276 11 6	4430 9 3	4193 16 8	17146 17 7	
From Unions not Contributing to the Asylum, for Maintenance	400 4 6	431 14 6	476 14 9	428 2 9	1736 16 6	
From County Treasurers for Maintenance	33 15 0	32 8 9	28 15 0	27 2 1	122 0 10	
Private Patients, for Maintenance	173 12 0	174 18 3	177 12 0	174 15 6	700 17 9	
Cash received from the Farm in excess of all Cash Advances made (from the Asylum) to the Farm	367 6 11	317 19 0	299 1 4	161 14 7	1146 1 10	
Total from Weekly Rate, &c.	5220 18 7	5233 12 0	5412 12 4	4985 11 7	20852 14 6	20852 14 6
	FROM COUNTY RATE.					
Repairs and Alterations.						
From County Treasurers for Repairs & Alterations	548 18 3	269 19 8	290 0 6	348 11 6	1457 9 11	
Superannuation	99 15 4	99 15 4	99 15 4	101 9 4	400 15 4	
Improvements	...	...	...	...	...	
Total from County Rate	648 13 7	369 15 0	389 15 10	450 0 10	1858 5 3	1858 5 3
Total Income from Weekly and County Rates	5869 12 2	5603 7 0	5802 8 2	5435 12 5	22710 19 9	22710 19 9
			Balance	from Dec.	31st, 1886.	5863 16 4
					Total ... £	28574 16 1

EXPENDITURE.

HEADS OF EXPENDITURE.	QUARTERS ENDING. 31st March.	30th June.	30th Sept.	31st Dec.	Year ending 31st Dec.	Total of General Heads of Expenditure
	FROM WEEKLY RATE.					
Provisions.	£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.
By Meat	604 10 8	583 3 10	638 5 2	661 4 8	2487 4 4	
Flour	365 8 4	305 12 11	308 12 5	305 19 8	1285 13 4	
Rice, &c.	11 6 8	12 18 0	16 7 0	12 0 0	52 11 8	
Tea, Coffee, & Cocoa	158 13 7	150 0 6	145 15 2	163 6 9	617 16 0	
Sugar and Treacle	50 4 1	52 6 10	55 16 9	68 17 8	227 5 4	
Sundry Groceries	32 14 10	30 19 7	19 11 10	38 16 4	122 2 7	
Tobacco and Snuff	38 1 0	45 3 10	39 11 8	43 16 0	166 12 6	
Butter	84 7 6	65 13 6	77 19 9	134 9 6	362 10 3	
Cheese, Eggs, &c.	50 12 7	48 16 7	54 13 4	65 6 5	219 8 11	
Beer	305 18 7	274 14 11	325 16 3	282 16 0	1189 5 9	
Potatoes and other Vegetables	8 6 8	11 6 8	3 7 6	15 8 6	38 9 4	
Board Wages	...	9 6 0	13 13 0	9 6 0	32 5 0	
Fish	40 6 9	65 10 0	40 11 3	35 10 6	181 18 6	
Meat *(from Farm Ac.)*	183 7 2	170 14 8	138 6 0	255 18 0	748 5 10	
Milk, Eggs, &c. *(Do.)*	233 13 7	303 13 3	259 17 7	293 10 5	1090 14 10	
Vegetables *(Do.)*	147 15 2	135 10 0	158 15 7	141 7 7	583 8 4	
Cash paid to Farm in excess of Produce received	...	...	...	...	...	
Total	2315 7 2	2265 11 1	2297 0 3	2527 14 0	9405 12 6	9405 12 6
House & other Expenses.						
By Coals, Coke, &c.	470 6 2	328 13 3	255 6 5	276 14 3	1331 0 1	
Gas	177 6 7	55 1 9	43 8 7	202 8 9	478 5 8	
Soap	24 13 9	23 14 0	32 10 0	35 15 3	116 13 0	
Starch, Soda, &c.	46 8 4	48 6 8	49 12 5	40 12 0	184 19 5	
Candles	9 4 8	3 0 0	3 0 0	7 16 0	23 0 8	
Furniture, Bedding, Linen, &c.	123 11 7	107 4 5	183 3 10	157 1 2	571 1 0	
Ironmongery, &c.	24 12 5	20 10 11	5 2 3	12 18 3	63 3 10	
Brooms, Brushes, &c.	15 5 6	23 9 3	20 2 0	19 19 6	78 16 3	
Earthenware, Glass, &c.	32 16 4	8 9 11	23 17 0	14 17 0	80 0 3	
Rates and Taxes	6 7 11	12 5 0	...	32 1 7	50 14 6	
Stationery, Postage, &c.	30 11 4	22 3 6	33 8 10	34 1 7	120 5 3	
Printing, Advertisements, &c.	25 2 3	12 18 0	35 4 6	23 18 3	97 3 0	
Carriage of Goods, and Conveyances	23 4 4	17 3 6	18 11 2	20 13 2	79 12 2	
Funeral Expenses	16 16 7	24 7 9	7 12 3	20 1 10	68 18 5	
Periodicals, Books, and Amusements	41 8 4	40 1 5	46 6 0	39 17 3	167 13 0	
Re-taking Patients	0 5 0	0 5 0	0 5 0	...	0 15 0	
Patients on Trial	33 15 0	36 13 9	33 16 3	35 4 8	139 9 8	
Uniform	9 6 4	131 19 6	6 11 9	25 10 6	173 8 1	
Keep of Horse *(from Farm Account)*	5 17 0	5 17 0	5 17 0	5 17 0	23 8 0	
Total	1116 19 5	922 4 7	803 15 3	1005 8 0	3848 7 3	3848 7 3
By Clothing	265 1 4	231 15 6	350 14 10	323 19 5	1171 11 1	1171 11 1
Salaries and Wages.						
By Officers	610 0 0	610 0 0	610 0 0	648 7 9	2478 7 9	
Attendants and Servants	723 3 5	725 3 3	725 8 3	732 7 0	2906 1 11	
Total	1333 3 5	1335 3 3	1335 8 3	1380 14 9	5384 9 8	5384 9 8
Medicine.						
By Drugs, Instruments, &c.	40 17 6	44 7 4	39 2 9	45 1 8	169 9 3	
Wines, Spirits, and Porter	31 3 6	48 19 6	28 18 6	23 10 6	132 12 0	
Total	72 1 0	93 6 10	68 1 3	68 12 2	302 1 3	302 1 3
By Incidentals	66 14 11	31 17 4	37 4 4	12 0 10	147 17 5	
Paid to Capital	38 12 9	...	...	...	38 12 9	
Total	105 7 8	31 17 4	37 4 4	12 0 10	186 10 2	186 10 2
Total from Weekly Rate	5208 0 0	4879 18 7	4892 4 2	5318 9 2	20298 11 11	20298 11 11
	FROM COUNTY RATE.					
Repairs and Alterations.						
By Labour	158 9 0	164 9 0	164 9 0	204 12 0	691 19 0	
Timber	88 3 8	7 15 7	23 7 5	34 4 2	153 10 10	
Iron, Lead, &c.	77 0 5	14 9 8	6 7 4	38 1 4	135 18 9	
Bricks, Slate, Cement, &c.	9 14 6	43 3 3	36 16 3	29 4 10	118 18 10	
Glass	2 5 0	3 17 8	...	12 12 2	18 14 10	
Paints and Paper	11 16 8	14 6 3	48 4 11	21 13 1	96 0 11	
Sundries	48 2 11	19 0 6	7 0 10	3 6 6	77 10 9	
Insurance & Taxes	138 17 8	...	...	...	138 17 8	
Carriage & Carting	14 8 5	2 17 9	3 14 9	4 17 5	25 18 4	
Total	548 18 3	269 19 8	290 0 6	348 11 6	1457 9 11	1457 9 11
By Superannuation	99 15 4	99 15 4	99 15 4	101 9 4	400 15 4	400 15 4
By Improvements	...	...	...	...	...	
Total from County Rate	648 13 7	369 15 0	389 15 10	450 0 10	1858 5 3	1858 5 3
Total Expenditure from Weekly and County Rates	5856 13 7	5249 13 7	5282 0 0	5768 10 0	22156 17 2	22156 17 2
					Balance...	6417 18 11
					Total... £	28574 16 1

Examined by the Finance Committee, January 28th, 1888.

(Signed) JAMES H. SCLATER, Chairman.
T. A. PAKENHAM.
J. ROBERT SCLATER.
W. HENRY CAMPION.

(Signed) S. A. MORTLOCK,
Clerk of the Asylum.

Average Weekly Expenditure *for the Year, for each Patient, from Weekly Rate.*

	QUARTERS ENDING. March 31st.	June 30th.	Sept. 30th.	Dec. 31st.	Average for the Year 1887.
	s. d.	s. d.	s. d.	s. d.	s. d.
Provisions	3 8⅛	3 7¾	3 7	4 3	3 9⅛
House and other Expenses	2 1	1 8⅛	1 5⅛	1 9¼	1 8¾
Clothing	0 6	0 5¼	0 7½	0 7	0 6⅜
Salaries and Wages	2 6¼	2 6	2 4⅝	2 5⅞	2 5⅝
Medicine, Spirits, &c.	0 1⅝	0 2⅛	0 1½	0 1½	0 1¾
Incidentals	0 1½	0 0⅝	0 0¾	0 0¼	0 0¾
Total	9 0½	8 5⅞	8 2½	9 2⅞	8 8¾
Weekly Rate Chargeable to the Unions Contributing to the Asylum	8 9	8 9	8 9	8 3	8 7½
Ditto do. Not Contributing do.	14 0	14 0	14 0	14 0	14 0
Ditto do. For Private Patients	16 0	16 0	16 0	16 0	16 0

SUSSEX COUNTY LUNATIC ASYLUM.

BALANCE STATEMENT for the Quarter ending December 31st, 1887.

Assets.		£	s.	d.
1887.				
Sep. 30.	From Unions, &c., in Arrear :—			
	County, Eastern Division	23	0	0
Dec. 31.	Due from Unions Contributing	4191	0	5
,,	,, Ditto not ditto	428	2	9
,,	,, County Treasurers.....	27	2	1
,,	,, Private Patients' Account.....	174	15	6
,,	For Sale of Farm Produce, Stores, &c. ...	215	1	2
,,	,, Repairs, Alterations, &c.....	450	0	10
,,	,, Cottage Rent.....	8	15	0
,,	Cash in Bankers' Hands	3369	19	10
,,	,, Clerk's ditto	146	1	10
		£9033	19	5

Debits.		£	s.	d.
1887.				
Dec. 31.	To Amounts due to Sundry Tradesmen, on Account of Maintenance, Repairs, &c., &c.	2616	0	6
	Surplus Balance.....	6417	18	11
		£9033	19	5

Submitted to the Finance Committee this 28th day of January, 1888.

(Signed) JAMES H. SCLATER (*Chairman*).
T. A. PAKENHAM.
J. ROBERT SCLATER.
W. HENRY CAMPION.

(Signed) S. A. MORTLOCK,
Clerk of the Asylum.

SUSSEX LUNATIC ASYLUM.

Dr. Farm and Garden Accounts for the Year ending December 31st, 1887. Cr.

1886.—December 31st.	£	s.	d.	£	s.	d.
To Estimated Value of Live Stock	1244	17	0			
Estimated Value of Dead Stock	478	0	0			
Estimated Value of Tenant's Valuation	889	2	8			
Estimated Value of Provender	569	2	0			
				3181	1	8
1887.—December 31st.						
By Purchase of—						
Grains	161	4	5			
12 Cows and Beasts	273	16	0			
Shoeing	11	11	6			
35 Sheep	88	10	6			
2 Horses	75	0	0			
Medicine	19	13	0			
Oil Cake	177	5	0			
Bran and Sharps	176	3	9			
Railway Carriage	31	16	4			
Barley and Maize	180	3	0			
3964 Trusses Straw	185	10	3			
Seeds and Plants	42	2	9			
Manure and Lime	98	17	1			
Implements	62	18	1			
Wages of Bailiff, Gardener, Cowman, Carter, and other Servants employed on Farm	440	9	0			
Thrashing	7	11	6			
Thatching	6	6	7			
Valuation	7	7	0			
Sundries	7	5	6			
				2053	11	3
Rates and Taxes	50	14	6			
Estimated Rent on Land	200	0	0			
				250	14	6
Balance in favour				382	8	5
				£5,867	15	10

1887.—December 31st.	£	s.	d.	£	s.	d.
By Sale of—						
28 Calves	37	7	6			
98 Sheep	257	1	0			
131 Pigs	276	7	6			
Hides and Skins	21	8	11			
Rough Fat, &c.	3	6	10			
75¾ qrs. Wheat	130	19	7			
10¾ qrs. Oats	10	17	0			
Poles, Faggots, and Sundries	6	19	9			
Use of Stock	9	8	0			
				753	16	1
By Produce supplied to House—						
12,613 lbs. Beef @ -/6½ -/6¾ and -/8	359	6	11			
771 ,, Suet @ -/6	19	5	6			
9,018 ,, Pork @ -/7	263	0	6			
2,969 ,, Mutton @ 6¾ -/8 & -/10¼	99	16	8			
Bells, Livers, &c.	6	16	3			
				748	5	10
22,772 gals. Milk @ -/11	1043	14	4			
5,160 No. Eggs ,, -/1	21	10	0			
123 ,, Poultry ,, 2/6	15	7	6			
174 ,, Rabbits ,, 1/2	10	3	0			
				1090	14	10
2,257 bus. Cabbage @ 1/-	112	17	0			
67 ,, Onions ,, 2/-	6	14	0			
1,884 ,, Potatoes ,, 2/8	251	4	0			
201¼ ,, Peas ,, 2/-	20	2	6			
229 ,, Beans ,, 2/-	22	18	0			
527½ ,, Carrots ,, 2/-	52	15	0			
452 ,, Parsnips ,, 2/-	45	4	0			
55 ,, Turnips ,, -/10	2	5	10			
1,096 No. Cauliflowers @ /2	9	2	8			
Other Vegetables	15	19	11			
Fruit and Rhubarb	25	15	3			
Vegetables and Fruit supplied to Medical Superintendent	18	10	2			
				583	8	4
Keep of House Horse	23	8	0			
				23	8	0
By Estimated Value of Live Stock	828	13	0			
Estimated Value of Dead Stock	469	0	0			
Estimated Value of Tenant's Valuation	801	19	0			
Estimated Value of Provender	568	10	9			
				2668	2	9
				£5,867	15	10

ESTIMATED VALUE OF FARM STOCK:—

1886.—December 31st.	£	s.	d.
35 Cows, Bull, Fatting Beasts, and Calves	511	0	0
109 Sheep	277	19	0
6 Horses	193	0	0
149 Head of Swine	243	17	0
127 Poultry and Ferrets	19	1	0
	1244	17	0
Dead Stock, Implements, &c.	478	0	0
Tenant's Valuation	889	2	8
Provender	569	2	0
	£3,181	1	8*

1887.—December 31st.	£	s.	d.
29 Cows, Bull, Fatting Beasts, and Calves	407	0	0
3 Sheep	7	0	0
6 Horses	196	0	0
124 Head of Swine	200	13	0
115 Poultry and Ferrets	18	0	0
	828	13	0
Dead Stock, Implements, &c.	469	0	0
Tenant's Valuation	801	19	0
Provender	568	10	9
	£2,668	2	9*

Examined by the Farm Committee, January 28th, 1888.

(Signed) JAMES H. SCLATER.
W. HENRY CAMPION.
HUGH GORRINGE.
T. T. C. LISTER.

(Signed) S. A. MORTLOCK,
Clerk of the Asylum.

* These Valuations were made by Mr. Thos. Bannister, Haywards Heath.

An Abstract of the Annual Returns of Pauper Lunatics chargeable to the several Unions and Places in the County of Sussex, 1st January, 1888.
(16 & 17 Vic., cap. 97, s. 64.)

CHARGEABLE TO UNIONS AND COUNTY.	In County Asylum.		In Private Asylum		In Asylums in other Counties		In Workhouses.		In Lodgings or Boarded out.		Residing with Relatives or Friends.		TOTAL.	
	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.
Battle	4	16	...	...	...	...	3	4	...	...	3	1	10	21
Brighton	100	128	...	...	...	1	77	82	...	...	19	19	196	230
Chailey	9	6	...	...	...	...	3	2	...	1	...	1	12	10
Chichester (Incorporatn)	2	10	...	...	1	1	1	5	...	...	1	1	5	17
Cuckfield	16	24	...	...	...	...	2	8	...	...	1	2	19	34
Eastbourne	14	19	...	...	...	...	4	6	...	...	1	2	19	27
East Grinstead	12	10	...	...	...	...	7	11	...	...	2	2	21	23
East Preston	14	28	...	...	...	...	6	6	...	...	4	5	24	39
Hailsham	11	20	...	...	...	...	2	3	...	...	4	6	17	29
Hastings	25	14	...	33	...	...	1	4	...	...	2	1	28	52
Horsham	19	30	...	...	...	...	3	7	...	...	3	3	25	40
Lewes	14	10	...	...	...	...	5	9	...	...	...	...	19	19
Midhurst	8	9	...	...	...	...	2	3	...	...	2	3	12	15
Newhaven	7	7	...	...	...	...	1	5	...	...	...	...	8	12
Petworth	9	10	...	...	...	...	2	3	...	...	3	5	14	18
Rye	6	9	...	...	...	...	11	8	...	...	3	2	20	19
Steyning	26	33	...	...	...	...	7	11	...	...	4	8	37	52
Thakeham	4	14	...	...	...	...	1	3	...	...	1	1	6	18
Ticehurst	11	13	...	...	...	...	7	7	...	...	1	1	19	21
Uckfield	9	20	...	...	...	...	5	4	...	...	5	3	19	27
Westbourne	7	6	...	...	...	...	7	8	...	...	2	3	16	17
West Firle	4	2	...	...	...	...	...	...	...	...	3	...	7	2
Westhampnett	23	20	...	1	1	...	5	5	...	...	2	5	31	31
County, Eastern Division	4	...	...	...	...	...	...	...	...	...	...	...	4	...
Do.—Western do.	...	1	...	...	...	...	...	...	...	...	...	...	...	1
TOTALS	358	459	...	34	2	2	162	204	...	1	66	74	588	774

SUMMARY.

Years.	In Asylums.		In Workhouses		With Friends.		TOTALS.		
	M.	F.	M.	F.	M.	F.	M.	F.	M.&F
1st January, 1855.	92	127	79	54	45	85	216	266	482
1st January, 1868.	242	301	95	107	62	84	399	492	891
1st January, 1869.	250	318	102	110	67	84	419	512	931
1st January, 1870.	246	326	109	108	72	83	427	517	944
1st January, 1871.	275	348	116	120	79	101	470	569	1039
1st January, 1872.	264	341	111	141	84	120	459	602	1061
1st January, 1873.	284	343	122	140	79	109	485	592	1077
1st January, 1874.	297	351	109	146	67	106	473	603	1076
1st January, 1875.	301	361	108	158	84	118	493	637	1130
1st January, 1876.	312	387	111	161	75	104	498	652	1150
1st January, 1877.	324	384	106	163	75	102	505	649	1154
1st January, 1878.	340	390	118	165	71	96	529	651	1180
1st January, 1879.	341	412	120	158	62	98	523	668	1191
1st January, 1880.	347	415	111	170	56	93	514	678	1192
1st January, 1881.	341	436	126	160	61	99	528	695	1223
1st January, 1882.	353	462	129	163	54	98	536	723	1259
1st January, 1883.	359	458	113	181	55	97	527	736	1263
1st January, 1884.	353	454	145	199	52	88	550	741	1291
1st January, 1885.	351	464	158	202	63	90	572	756	1328
1st January, 1886.	347	479	156	212	66	87	569	778	1347
1st January, 1887.	350	499	150	212	63	84	563	795	1358
1st January, 1888.	360	495	162	204	66	75	588	774	1362

S. A. MORTLOCK,
Clerk of the Asylum.

LOAN ACCOUNT.—EASTERN DIVISION.

Showing the Amount of Money Borrowed, and the Payments made in respect of the same, on the 30th September, 1887.

When Borrowed.	Rate of Interest.	Amount of Loans.	Amount Paid off during the year.	Total Amount Paid off.	Remaining Due.
		£	£ s. d.	£ s. d.	£ s. d.
1856, October 13th.	£4¼ per cent.	500	.....	.....	500 0 0
,, ,,	£4½ per cent.	500	.....	.....	500 0 0
1857, ,,	,,	500	.....	.....	500 0 0
,, April 6th.	,,	11000	366 13 4	11000 0 0	.....
,, October 19th.	,,	5500	183 6 8	5316 13 4	183 6 8
1858, January 4th.	,,	5500	183 6 8	5316 13 4	183 6 8
,, June 28th.	,,	5500	183 6 8	5316 13 4	183 6 8
,, October 18th.	,,	5000	166 13 4	4666 13 4	333 6 8
1859, April 4th.	,,	8000	266 13 4	7466 13 4	533 6 8
,, June 27th.	,,	1550	51 13 4	1446 13 4	103 6 8
,, ,,	,,	6700	223 6 8	6253 6 8	446 13 4
,, October 17th.	,,	3350	111 13 4	3015 0 0	335 0 0
1860, January 2nd.	,,	2680	89 6 8	2412 0 0	268 0 0
1861, April 8th.	,,	1340	44 13 4	1161 6 8	178 13 4
1863, October 19th.	,,	3350	111 13 4	2568 6 8	781 13 4
1864, January 4th.	,,	2345	78 3 4	1797 16 8	547 3 4
1866, October 15th.	£5 per cent.	4355	145 3 4	2903 6 8	1451 13 4
1881, October 17th.	£4 per cent.	536	17 17 4	89 6 8	446 13 4
		£68206	£2223 10 8	£60730 10 0	£7475 10 0

LOAN ACCOUNT.—WESTERN DIVISION.

Showing the Amount of Money Borrowed, and the Payments made in respect of the same, on the 30th September, 1887.

When Borrowed.	Amount of Loan.	Amount remaining Unpaid at Michaelmas, 1887.	Rate of Interest.	Annual Instalment of Principal.	When Payment of Instalment and Interest will cease.
	£	£ s. d.		£ s. d.	
1857, April 9th.	5500	Paid off.	£4½ per cent.	.....	.....
,, October 22nd.	2500	Ditto.	,,	.....	.....
1858, January 7th.	2500	83 6 8	,,	83 6 8	January 7th, 1888.
,, July 1st.	2500	83 6 8	,,	83 6 8	July 1st, ,,
,, October 21st.	3000	100 0 0	,,	100 0 0	October 21st, ,,
1859, April 7th.	4000	266 13 4	,,	133 6 8	April 7th, 1889.
,, June 30th.	1450	96 13 4	,,	48 6 8	June 30th, ,,
,, August 27th.	3300	220 0 0	,,	110 0 0	,, ,,
,, Dec. 3rd.	1650	110 0 0	,,	55 0 0	October 20th, ,,
1860, January 9th.	1320	132 0 0	,,	44 0 0	January 9th, 1890.
1861, April 11th.	660	88 0 0	,,	22 0 0	April 11th, 1891.
1863, October 22nd.	1650	330 0 0	,,	55 0 0	October 22nd, 1893.
1864, January 7th.	1155	269 10 0	,,	38 10 0	January 7th, 1894.
1866, October 18th.	2145	643 10 0	£5 per cent.	71 10 0	October 18th, 1896.
1881, October 20th.	264	211 4 0	£4 per cent.	8 16 0	October 20th, 1911.
	£33594	£2634 4 0		£853 2 8	

THE

MEDICAL SUPERINTENDENT'S

TWENTY-NINTH ANNUAL REPORT.

Twenty-Ninth Annual Report.

THE Medical Superintendent has the honour to submit the Twenty-Ninth Annual Report to the Committee of Visitors.

Numbers on the 31st Dec., 1886.

On the 31st December, 1886, the Numbers in the Asylum were—Male, 351; Female, 473; Total, 824.

Admissions.

The Admissions during the year have been—Male, 124; Female, 104; Total, 228.

Discharges.

The Discharges during the year have been—Male, 64; Female, 58; Total, 122.

Deaths.

The Deaths during the same period have been—Male, 47; Female, 50; Total, 97.

Mean Annual Population.

The Mean Population resident during the year has been—Male, 361; Female, 474; Mean Average, 835.

Numbers this day, 31st Dec., 1886.

The Numbers in the Asylum this day (31st December, 1887) are—Male, 364; Female, 469; Total, 833.

Numerical Results of the year.

The several Numerical Results are summed up in the first Table in the Appendix to this Report.

The Numerical Results of the Year 1887 yield the following Percentages :—

(a) The Discharges (including the cases relieved) are 60.0 per cent. on the Admissions of the year. Excluding those cases relieved, the percentage of Recoveries on the Admissions stands at—Male, 37.0 ; Female, 42.3 ; Average, 39.4. On the average number resident it is—Male, 12.7 ; Female, 9.2 ; Average, 10.7. Annual percentage for 1887.

(b) The Mortality on the total number under treatment is—Male, 9.89 ; Female, 8.66 ; Average, 9.22. Mortality.

The Admissions have again been very numerous, and show an increase of 18 over those of last year. Their ages varied from ten years to upwards of eighty, and the quinquennial period 45-50 was the most prolific. The prospects of recovery of the majority were hopeless, as 20 suffered from Progressive Paralysis of the Insane, and 60 more were either Congenital Idiots or suffered from Epilepsy or Organic Disease of the Brain. Hereditary Influences, Domestic and Business troubles, and Drink, were, as usual, the three most important factors in the causation of the disease. There was a very decided improvement in the way in which the Admission Forms were filled up, and very few cases had to be refused admission on account of defects in these forms so serious as to render them invalid. Admissions.

The Discharges were much less numerous than in 1886, but in that year they were abnormally numerous, owing to the transfer of the Female Patients from the Non-Contributing Borough of Hastings to another Asylum, for reasons detailed in the Report for that year. The recoveries were, however, slightly increased in The Discharges.

number, and were nearly equally divided between the sexes. Twenty-five cases of chronic and harmless lunacy were moved to Workhouses or to the care of their friends as the opportunity offered itself, in order to relieve the congested condition of the Asylum. Regarding the length of residence of those discharged recovered, the large majority had been in the Asylum under twelve months, though four had been in for upwards of two years and one as long as ten years. Still, there is no doubt that if Insanity is not cured in its early stage the prospects of recovery become very small, the inference to be drawn from which deduction is manifest, namely, that it should be treated as soon as possible, and that lunatics, especially acute cases, should be sent to the Asylum at once, and not detained in Workhouses or at their homes in the hope of the attack passing off. Some instructive inferences on this point are to be drawn from Table VII. in the Appendix.

The Deaths. The Death Rate, which had been unusually low for the last few years, has run up to 11.6 per cent. on the average number resident, which is higher than it has been since the year 1879. A few years of a low rate of mortality necessarily gives, in an Asylum where is massed a large number of old, imbecile, and chronic lunatics, a large residuum of cases in feeble health, who at once succumb to an unusually severe winter; and the long spell of severe weather of last spring, reaching as it did far into May, is, to a very large extent, answerable for this increased mortality, for a reference to Table V. will show that out of the 97 deaths, 19 were from Consumption, 15 were from Progressive Paralysis of

the Insane, 16 were from other Organic Diseases of the Brain, 9 were from Decay of Old Age, 6 were from Cancer, and 5 from Disease of the Heart—all diseases for which the treatment can only be palliative, and before the inroads of which medicine must, sooner or later, retire baffled; and though the victims of these diseases may linger on for some time, any cause tending to lower their vitality speedily puts an end to their lives.

Coroner's Inquest.

Notice of every death, with particulars, was sent to the Coroner in conformity with the law, but he considered it necessary to hold an inquest on only one case, that of a female who had been in the Asylum for five weeks, and who had persistently, for some time back, refused her food, requiring therefore daily forced alimentation. She was also suffering from Disease of the Heart, and from that cause and from exhaustion due to defective nutrition owing to refusal of food, she was attacked with syncope after being fed on the afternoon of October 20th, from which she never rallied. The verdict of the Jury was, "Died by the visitation of God, in a natural way, of the disease or distemper syncope, and not by any violent means whatever."

The General Health.

As has been already remarked, the prolonged cold of the winter and spring told very injuriously for a time on the health of the patients, and taxed the resources of the Infirmary wards to the utmost. This was more especially the case on the Females' side, there being at one time quite an epidemic of Pleurisy and Pneumonia.

Gratuity to Nurse Rose.

This necessarily very greatly increased the work and responsibility of the chief nurse in charge of the Infirmary, M. A. Rose, and to mark their appreciation

of her services the Committee voted her a gratuity of £5. She has been in the service of the Asylum 18 years.

Scarlatina.

Scarlatina, which had for some time been epidemic in the neighbourhood, attacked one of the idiot boys in May last. He was immediately isolated in the detached Sanitorium, and the disease did not spread beyond four other persons, one attendant and three patients, and was not of a severe type.

Accidents.

There has been only one accident of a sufficiently serious nature to call for comment. It occurred to a female patient in the Laundry, who slipped up accidentally on the wet boards and fractured the right patella transversely. She was necessarily confined to her bed for many weeks, but ultimately ligamentous union was formed between the two portions, and she can now walk about fairly well.

Prevention of Fire.

The means for coping with a fire, should it unfortunately arise, has seriously engaged attention, and as regards the Theatre in the Recreation Hall, has been improved by the erection of an asbestos drop curtain, and also by building a ventilating shaft in the roof, by which means the flames would be drawn to a focus, instead of "licking" round the proscenium to the horror and confusion of the audience. There are, besides, hydrants and buckets of water always ready; and all the doors open outwards, and the room can be cleared in four minutes.

But with respect to the larger question of fire in the main building, the matter is still *sub judice,* though it has been, and is still, receiving careful consideration. Some years ago a considerable sum of money was expended in

perfecting means of dealing with a fire in its early stages, and included the laying on of hydrants in all the wards, on all the stair landings, and at intervals round the outside of the building. Supplementary storage water tanks were erected in the roofs, hand engines and fire grenades were scattered throughout the buildings, a system of alarums was instituted, and the employés were, and are, periodically instructed in the use of the various appliances. There has, moreover, always been a manual fire engine on the premises.

It was then, and still is, hoped and believed that these appliances and precautions would enable a fire in its early stages to be successfully combatted, and as no part of the building is left unoccupied, either by day or night, it is difficult to imagine a fire taking place without its being very quickly discovered. Should it unfortunately obtain full hold, nothing could probably save the building, and the energies of the staff would have to be concentrated on saving the patients from danger, which it is believed there would be no difficulty in doing, as there are double exits to all the dormitories and segments of the building.

Any means for dealing with a fire that has gained permanent hold on the main buildings will have to be on a much greater scale than those detailed above, and will involve a very considerable pecuniary outlay. Messrs. Merryweather and Sons, and other eminent fire engineers, have been consulted on the matter, and the former have submitted an estimate for supplying a steam fire engine and for enlarging the hydrants round the building. But other serious questions, such as increased storage of water, are involved, and isolated as the

Asylum is from any large town, it is very doubtful whether it contains within itself a sufficiently large staff of persons to make use of further fire appliances, even if supplied.

Mr. Manson.

Mr. M. O. Manson, the Junior Assistant Medical Officer, resigned his appointment in December, having determined to enter on private practice. His resignation is universally regretted, as he has made himself very popular, both with patients and staff, and by his musical ability has greatly added to the Amusements.

Commissioners in Lunacy.

Guardians.

The Commissioners in Lunacy visited the Asylum on the 10th and 11th of May, and their Report is published in the Appendix. Committees from most of the Boards of Guardians have also paid visits during the year, and have invariably, and without exception, expressed themselves as satisfied with what they saw and with the care bestowed on their lunatics.

Rainfall.

The Rainfall was only 21·51 inches, being nearly seven inches below the average of the last 16 years. The wettest month was November, when 5·11 inches fell, and the dryest months were February, ·64 inches, and July, ·67 inches. The greatest rainfall in twenty-four hours was on November 2nd, when ·89 inches was measured, so that it will be seen there was no very phenomenal downpour.

Maintenance Rate.

The Weekly Maintenance Rate charged to the Unions for the patients stands at 8s. 3d., which is the lowest point it has ever reached, and is lower than that of any other Asylum in the South-Eastern Counties. And as the Government Capitation Grant refunds 4s. per patient, the absolute cost to the Unions of each lunatic sent to the Asylum is only 4s. 3d. per week.

The Medical Superintendent deeply regrets that this is the last Report he will submit to the Visitors. His health began seriously to fail him in May, and with the sanction of the Committee he was absent from his duties for the month of July. As on his return his condition was unimproved, a further leave of three months was accorded him. He returned in November, only again to realise his utter inability, owing to ill-health, to cope with the arduous nature of his duties and responsibilities. He therefore considered he had no option but at once to resign a post the duties of which he felt he could no longer discharge with advantage to the County, with benefit to his patients, or satisfaction to himself. For the kindness and consideration that have been shown him by the Committee he ventures to say no more than that he is very grateful, and that he fully appreciates their generous consideration.

Resignation of Medical Superintendent.

In concluding this Report, he would wish to acknowledge the obligation he is under to Dr. Walker, the Senior Assistant Medical Officer, for much extra work cheerfully undertaken. Dr. Walker has practically had charge of the Asylum for the last six months, and has performed the duties in a most painstaking and efficient manner, and has shown himself to be a competent administrator and a skilful physician.

Dr. Walker's Services.

From the other Members of the Staff the Medical Superintendent has received the same ready assistance, and where all have worked so zealously it would seem invidious to particularise, but he cannot bring himself to close this his last Report without specially thanking the only remaining members of the staff who have

Services of the other Officers.

worked with him throughout his period of office, namely, Mr. Mortlock, and Mr. and Miss Buckle. In the former the County has in the responsible post of "Clerk of the Asylum" an officer whose tried integrity and great knowledge of Asylum detail have always been fully appreciated by the Medical Superintendent with whom he has worked with unbroken amity, whilst Miss Buckle, by her untiring devotion to her duties, her loyalty to her superiors, and her great administrative ability, has materially tended to the efficiency of the female side of the Asylum. Few can show a record of nearly thirty years' service so faithfully and efficiently performed as these Officers.

S. W. D. WILLIAMS, M.D.,

Medical Superintendent.

HAYWARDS HEATH,

JANUARY 1ST, 1888.

DR. S. W. D. WILLIAMS' RESIGNATION.

Extract from the Minutes of a Meeting of the Committee of Visitors of the Sussex Lunatic Asylum, Haywards Heath, held at the Asylum on Saturday, the 10th December, 1887:—

I.—Dr. Williams' *Letter of Resignation of the Office of Medical Superintendent.*

Haywards Heath,
December 10th, 1887.

My Lord and Gentlemen,

It is with the deepest regret that, acting on medical advice, I feel at last compelled to place the resignation of my office in your hands.

I have for the last six months striven hard to avoid this step. I can no longer do so. Twenty-eight years' close daily contact with the insane in the capacity of a Medical Officer of Lunatic Asylums, has told so injuriously on my nervous system that even had I not been warned by my medical advisers, I am painfully conscious I can no longer perform the duties of my most responsible office satisfactorily.

My work in this Asylum has been so entirely the one absorbing motive of my life, and I have so completely devoted what energy and talents I possess to its execution, that to have thus to separate myself from it is a matter of most profound grief to me.

In concluding this letter I venture to state the belief, judging from their annual Reports, that this Asylum still stands as it did when I took over the charge from my predecessor—second to none in the estimation of the Lunacy Commissioners. So far as I have been able to conduce to this result, has, I am deeply sensible, been due in great measure to the generous and unvarying support you have always without stint afforded me, and for which I beg to tender my grateful thanks.

I grieve beyond words at the hard necessity which now compels me to sever a connection which I had fondly hoped would have lasted for many years to come. It is now no small trial to sign the letter which brings my life's work to an end.

I have the honour to be,

My Lord and Gentlemen,

Your faithful Servant,

S. W. D. WILLIAMS, M.D.,
Medical Superintendent.

To the Committee of Visitors.

II.—Medical Certificate, referred to in the above Letter, signed by Dr. T. Lander Brunton, F.R.S., *Physician to and Lecturer on Medicine at St. Bartholomew's Hospital, and* Dr. C. Lockhart Robertson, *Lord Chancellor's Visitor in Lunacy.*

London, *December 5th*, 1887.

Dr. S. W. D. Williams has been under our professional observation and care since June, 1887.

He is suffering from a severe form of nervous prostration (neurasthenia), from which results an entire inability to turn his mind to the duties of his office, or to carry out any systematic work. These symptoms are most painful, and are accompanied by frequent feelings of faintness and depression of the most alarming kind. Under our advice he has now, with the permission of the Visitors, been absent from his duties during July, and also September, October, and November. His attempt to renew his work at Haywards Heath, in August, led to an utter breakdown, as it has again since his return to the Asylum on the 21st November. We fear that any renewed attempt to perform his duties there would result in the most grave mischief to his health, and possibly to his life.

We regard, as the exciting cause of his malady, the severe strain on an anxious temperament of the responsible charge he has so long held at Haywards Heath.

We are most distinctly of opinion that Dr. Williams is permanently incapable, from confirmed disorder of the nervous system, of executing the duties of his office.

III.—It was proposed by Admiral the Honourable T. A. Pakenham, *and seconded by Lieut.-Col.* Holden-Rose, *and carried unanimously, that the following entry should be made upon the Minutes, and that a copy thereof should be sent by the Clerk to Dr. Williams:—*

"The Committee have received with the greatest "regret the resignation, from ill-health, of Dr. Duckworth

"Williams, who for eighteen years as Medical Super-
"intendent, and previously for four years as Senior
"Assistant Medical Officer, has discharged the duties
"of his respective offices with great zeal, ability, and
"entire devotion to the work of this Asylum.

"The Committee desire to place on their Minutes
"a record of the eminent services rendered by Dr.
"Duckworth Williams to the County of Sussex:

"First, by a system of taking into the Asylum
"'Out-County Patients,' and providing thereby the
"funds required for carrying out alterations and additions
"to the Asylum without the Committee being obliged
"to have recourse to the County Rate:

"Secondly, by his unceasing care and exertions
"in the recommendation of patients, either for discharge,
"or to be sent to the Union Workhouse, whereby the
"County of Sussex has been spared, for some years, the
"necessity of building a Second Asylum for its Lunatic
"Patients.

"The Committee cannot accept the resignation
"of Dr. Duckworth Williams without a strong
"expression of their opinion that the relations of con-
"fidence and cordiality which have ever subsisted
"between them and Dr. Duckworth Williams have led
"in no small degree to the present high state of
"efficiency of the County Asylum."

CHARLES WESTON,

Clerk to the Committee of Visitors (pro tem.)

THE CHAPLAIN'S TWENTY-NINTH ANNUAL REPORT.

The Chaplain has the honour to lay before the Committee of Visitors his Report for the year just ended. **Twenty-Ninth Annual Report.**

The Services continue to be conducted at the usual hours, both in the Chapel and in the Dining Halls. The attention and earnestness of the patients are evidence of the interest they feel in public worship. **Chapel and Week-day Services.**

The Chaplain begs to thank the Housekeeper and the Assistant Female Officer for the kind help they rendered in decorating the Chapel on the usual occasions.

The Jubilee Thanksgiving Service was held on Sunday, June 26th.

Holy Communion has been administered in the Chapel from time to time, in accordance with the custom of former years, and also in the Infirmary wards when required. **Holy Communion.**

The Classes have gone on as usual, and have been very well attended. **Schools.**

The Library Books still continue to be a source of much gratification to the Attendants, Nurses, and Patients. **Library.**

Visits.

The Chaplain has visited the Wards, Workshops, Infirmaries, &c., at the usual hours, and on other occasions when he has thought it necessary to do so. Such visits seem to be most welcome, and are eagerly looked forward to.

Burials and Deaths.

Sixty-seven Burials have taken place in the Cemetery during the year. The total number of Deaths was 97, 47 of these being Male Patients, and 50 Female.

Conclusion.

The Chaplain desires to thank all the Staff for the very kind help they have always rendered him in the discharge of his duties; but he cannot close his Report without expressing his deep regret at the retirement of Dr. Williams owing to failing health. The Chaplain has received the greatest kindness from him all the time he has worked with him as a colleague, and he sincerely trusts that the time is not far distant when he will be restored to a better state of health.

(Signed) F. F. J. GREENFIELD,

Chaplain.

DECEMBER 31ST, 1887.

REPORT OF THE

VISITING COMMISSIONERS IN LUNACY.

SUSSEX COUNTY ASYLUM,

May 11*th*, 1887.

DURING yesterday and this day we have seen, with the exception of two men and one woman away on leave, all the Patients on the books. They are 816 in all—350 Males and 466 Females. Three men and 12 women belong to the Private class, and are paid for at the rate of 16s. per week. Two men are Criminal Patients, and two more men and four women are Out-County Patients, and for these the payment is 14s., whilst for the rest the charge is 8s. 9d. The changes which have taken place since the last visit have been the admission of 98 men and 95 women, and the discharge of 60 men and 55 women: 42 of the former and 39 of the latter had recovered. There is now available accommodation for 30 men and 34 women, but some of the smaller dormitories have more than the proper complement of beds placed therein, according to the figures painted on the doors. The deaths have been of 54 men and 41 women: autopsy verified the assigned cause in 57 instances. The Coroner held an inquest on a man who

died from syncope, the result of fatty degeneration of the heart. The deaths were all due to diseases ordinary in Asylums, the most fruitful causes being acute lung disease and phthisis. The Patients seen in bed by us were 10 men and 13 women. The only epidemic, since the 29th of last May, when our colleagues were here, has been scarlatina, which attacked one attendant and two male and one female patient, but no death resulted from this disease. The serious casualties have been very few, and all were accidentally occasioned. Seclusion and restraint have both been little resorted to. The former mode of treatment was employed in the case of a man and a woman once each, and for half-an-hour and ten minutes respectively, and the latter by wet packing in the case of a man and a woman on six and two occasions, and for twelve and five hours in all. The Epileptic Patients are 36 men and 44 women, and the Actively Suicidal 7 men and 14 women. These all sleep under continuous supervision by night. The General Paralytics are 14 men and 7 women. There are 29 male and 28 female attendants on day duty and five of each sex on night duty. Changes among the attendants are not infrequent, though much is done to render their residence here comfortable. Thirteen women and seven men have not yet had twelve months' experience. Whilst upon this subject we may notice from the *Post-Mortem* Book that out of the 57 Patients whose cases were recorded therein, 16 of these had at the time of death bedsores. This seems to us a very large proportion, and may be the result of inexperience on the part of attendants. We had no complaint of ill-treatment from any patient respecting an attendant on either side, and the majority of the patients were certainly well

disposed towards those in charge. Though we arrived at the Asylum before 10 a.m., we found all the day rooms in good order, bright and comfortable, the patients properly dressed, and the condition of the wards and the patients is creditable to the Superintendent and his staff. The dinner was generally appreciated, and beer, which is the beverage given at that meal, is much liked. One of the features here deserving special commendation is the large number of patients who are taken regularly for extended exercise beyond the airing courts, and it is only the physically unable to go far who are not sent out beyond the courts; but for these the so-called courts are really gardens, and have no walls round to suggest enforced confinement. The patients usefully employed remain nearly as described at the last visit. Nearly 100 of each sex are unable or unwilling to work, but a very fair percentage remains who do real hard work out of doors, in the shops, or in the laundry. The wards are well supplied with games and amusing books, whilst daily and weekly newspapers and monthly periodicals are furnished in large numbers. The associated entertainments attract about 300 of both sexes. At Church last Sunday 270 men and 394 women were present. We had to-day a practice of the Fire Brigade, and we were well satisfied with the promptitude with which the Brigade brought the engine to the site of the supposed fire and the water was made to play upon the spot, but we feel sure that the supply of water which could be thrown upon the flames by the hose attached to the one manual engine would be quite insufficient to put out any fire which had been able to make the least headway; and supposing the fire were to break out on the Male side we do not see how the

engine is to be worked. The labour is most exhausting, requiring frequent relays of strong men, and all the attendants' energies would have to be directed to the removal of the patients to a place of safety. A steam fire engine might, in our opinion, prove of service, and we recommend this subject to the consideration of the Committee.

There have been no important structural alterations or improvements since the last visit. The Case Books are well kept.

W. E. FRERE,

REGINALD SOUTHEY,

Commissioners in Lunacy.

APPENDIX,

CONTAINING THE REVISED TABLES OF THE MEDICO-PSYCHOLOGICAL ASSOCIATION, &c.

The Medical Superintendent desires to acknowledge the services rendered to him by the Clerk of the Asylum (Mr. S. A. Mortlock) in the compilation of these Tables.

CONTENTS OF APPENDIX.

NO.		PAGE.
I.	Showing the Admissions, Re-Admissions, Discharges, and Deaths, during the year 1887	35
Ia.	Showing (1) the previous Attacks among Persons Admitted during the year 1887, and (2) the Number of Times they had previously recovered in this or any Asylum	36
II.	Showing the Admissions, Re-Admissions, Discharges, and Deaths, from the Opening of the Asylum to the 31st December, 1887	37
IIa.	Showing the Admissions and Recoveries of Persons from 25th July, 1859, to the present date, 31st December, 1887 (28½ years)	38
III.	Showing the Admissions, Discharges, and Deaths, with the Mean Annual Mortality and Proportion of Recoveries per cent. of the Admissions for each year since the Opening of the Asylum	39
IV.	Showing the History of the Annual Admissions since the Opening of the Asylum, 25th July, 1859, with the Discharges and Deaths, and the Numbers of each year remaining on the 31st December of the year reported on	40
V.	Showing the Causes and Death during the year 1887, together with the Ages at Death'.	41
VI.	Showing the Length of Residence in those Discharged Recovered and in those who have Died during the year 1887	42
VII.	Showing the Duration of the Disorder on Admission in the Admissions, Discharges, and Deaths during the year 1887	43
VIII.	Showing, in Quinquennial Periods, the Ages of those Admitted, Recovered, and Died during the year 1887, and of those remaining on 31st December, 1887	44
IX.	Showing the Condition as to Marriage in the Admissions, Recoveries, and Deaths during the year 1887, and of Patients Resident December 31st, 1887	45
X.	Showing the Probable Causes of Insanity in the Patients Admitted during the year 1887	46
XI.	Showing the Form of Mental Disorder on Admission in the Admissions, Recoveries, and Deaths of the year 1887, and the Form of Mental Disorder of the Inmates on the 31st December, 1887	47
XII.	Showing the Station or Occupation of Patients Admitted during the year 1887	48
XIII.	Patients' Daily State and Employment	49
XIV.	The Establishment	50
XV.	Contract Prices of the Principal Articles of Consumption for the year 1887	51
XVI.	The Diet Table	52-53

TABLE I.

Showing the Admissions, Re - Admissions, Discharges, and Deaths during the Year ending 31st December, 1887.

	M.	F.	T.	M.	F.	T.
In the Asylum January 1st, 1887				351	473	824
Cases Admitted—						
First Admissions.....	104	83	187			
Not First Admissions	20	21	41			
Total Cases Admitted during the Year				124	104	228
Total Cases under Care during the Year.....				475	577	1052
Cases Discharged—						
Recovered	46	44	90			
Relieved	15	10	25			
Not Improved	3	4	7			
Died	47	50	97			
Total Cases Discharged and Died during the Year.....				111	108	219
Remaining in the Asylum 31st Dec., 1887...				364	469	833
Average Number Resident during the Year	361	474	835			
Persons under Care during the Year	472	577	1049			
Persons Admitted	121	104	225			
,, Recovered	45	44	89			
Transferred to this Asylum...	2	3	5			
,, from this Asylum	3	4	7			

TABLE Ia.

Showing (1) *the Previous Attacks among Persons Admitted during the Year 1887, and* (2) *the Number of Times they have Previously Recovered in this or any Asylum.*

(1) NUMBER OF PREVIOUS ATTACKS.	PERSONS.		
	Male.	Female.	TOTAL.
Have had 1 Attack	20	18	38
„ 2 Attacks	4	5	9
„ 3 „	2	1	3
„ 4 „	1	2	3
„ 5 „	1	...	1
„ 6 „	1	...	1
„ 8 „	1	...	1

(2) NUMBER OF TIMES PATIENTS RECOVERED.	IN THIS ASYLUM.			IN ANY ASYLUM.		
	M.	F.	T.	M.	F.	T.
Once	12	13	25	4	6	10
Twice.....	2	3	5	2	2	4
Three Times	1	2	3			
Four „	...	1	1			
Six „	1	...	1			
Eight „	1	...	1			

TABLE II.

Showing the Admissions, Re-Admissions, Discharges and Deaths, from the Opening of the Asylum to the 31st December, 1887.

	M.	F.	T.	M.	F.	T.
Persons Admitted during the Period of 28½ years	2517	2464	4981			
Re-Admissions	313	432	745			
Total Cases Admitted				2830	2896	5726
Discharged Cases—						
Recovered	793	951	1744			
Relieved	338	397	735			
Not Improved	207	144	351			
Died	1128	935	2063			
Total Cases Discharged and Died since the Opening of the Asylum				2466	2427	4893
Remaining 31st Dec., 1887...				364	469	833
Average Number Resident during the 28½ years	305	369	674			
Transferred to this Asylum...	422	342	764			
,, from this Asylum	272	180	452			

TABLE IIA.

Showing the Admissions and Recoveries of Persons from 25th July, 1859, to the present date, 31st December, 1887* (28½ *years*).

HISTORY OF RECOVERIES OF PERSONS.				The same, only omitting all persons transferred from other Asylums, &c.		
	M.	F.	T.	M.	F.	T.
Persons Admitted during the 28½ years	2517	2464	4981	2095	2122	4217
Of whom were Discharged Recovered during the same Period, being 28·1 per cent. of Persons Admitted	637	764	1401	579	722	1301
						30·8
Of whom were Re-Admitted Relapsed †.....	156	250	406	110	203	313
Leaving Recovered Persons who have not Relapsed ...	481	514	995	469	519	988
Relapsed Persons Discharged Recovered ‡	80	111	191	58	94	152
Nett ‖ Recovered Persons, being 23·8 per cent. of Persons Admitted	561	625	1186	527	613	1140
						27·0

* Persons, *i.e.*, separate persons, in contradistinction to "Cases," which may include the same individual more than once.

† *i.e.*, Persons who have Relapsed one or more times.

‡ *i.e.*, After last Re-Admission, if Relapsed more than once.

‖ *i.e.*, Recovered persons sane at the present time, so far as the Asylum Statistics show.

TABLE III.

Showing the Admissions, Discharges, and Deaths, with the Mean Annual Mortality and Proportion of Recoveries per cent. of the Admissions for each Year since the Opening of the Asylum, July 25th, 1859.

Year.	Admitted.			Discharged.									Died.			Remaining 31st Dec. in each year.			Average No. Resident.			Per centage of Recoveries on Admissions.			Per centage of Deaths on Average Nos. Resident.		
				Recovered.			Relieved.			Not Improved.																	
	Male.	Female	Total.	Male.	Female	Total.	Male.	Female	Total.	Male.	Female	Total.	Male.	Female	Total.	Male.	Female	Total.	Male.	Female	Total.	Male.	Female	Both Sexes.	Male.	Female	Both Sexes.
1859...	143	164	307	2	4	6	...	...	...	1	1	2	4	6	10	135	150	285	108	124	232	1.4	2.4	1.9	3.7	4.8	4.3
1860..	80	104	184	12	18	30	3	3	6	4	1	5	25	9	34	172	227	399	133	161	294	15.0	17.3	16.3	18.8	5.5	11.5
1861...	103	66	169	7	22	29	3	1	4	10	18	28	26	19	45	228	231	459	192	227	419	6.8	33.3	17.1	13.5	8.3	10.7
1862...	60	69	129	14	16	30	1	6	7	7	3	10	23	18	41	242	258	500	232	249	481	23.3	23.1	23.2	9.9	7.2	8.5
1863...	59	22	81	13	19	32	9	2	11	33	1	34	28	15	43	220	243	463	235	256	491	22.0	86.3	39.5	11.9	5.8	8.7
1864...	64	70	134	14	10	24	5	2	7	4	4	8	36	21	57	225	276	501	223	250	473	21.8	14.2	17.9	16.1	8.4	12.0
1865...	67	57	124	16	17	33	6	6	12	1	4	5	36	29	65	233	277	510	227	281	508	23.8	29.8	26.6	15.8	10.3	12.7
1866...	70	89	159	17	25	42	5	8	13	1	...	1	40	30	70	240	303	543	239	296	535	24.2	28.2	26.4	16.7	10.1	13.0
1867...	69	93	162	15	27	42	6	13	19	1	4	5	35	37	72	252	315	567	244	312	556	21.7	29.0	25.9	14.3	11.8	12.9
1868...	119	73	192	14	34	48	5	5	10	2	...	2	28	24	52	322	325	647	290	326	616	11.7	46.6	25.0	9.6	7.3	8.4
1869...	60	68	128	21	25	46	6	4	10	2	3	5	35	29	64	318	332	650	320	333	653	35.0	36.7	36.0	10.9	8.7	9.8
1870...	83	83	166	29	32	61	5	2	7	...	...	...	28	29	57	339	352	691	332	344	676	34.9	38.5	36.7	8.4	8.5	8.4
1871...	52	64	116	28	35	63	16	8	24	48	1	49	38	31	69	261	341	602	304	345	649	53.8	54.7	54.3	12.5	9.0	10.6
1872...	138	130	268	23	44	67	7	11	18	2	1	3	35	32	67	332	383	715	295	369	664	16.6	33.8	25.0*	11.8	8.6	10.1
1873...	100	104	204	30	43	73	14	26	40	1	2	3	45	25	70	342	391	733	337	393	730	30.0	41.0	35.7	13.0	6.6	9.5
1874...	119	118	237	29	40	69	8	13	21	1	1	2	64	41	105	359	414	773	348	405	753	24.4	33.9	29.1	18.3	10.1	13.9
1875...	122	136	258	23	34	57	35	20	55	9	18	27	61	59	120	353	419	772	364	422	786	18.8	25.0	22.0*	16.7	13.9	15.2
1876...	131	117	248	43	47	90	16	20	36	11	6	17	43	40	83	371	423	794	365	424	789	32.8	40.1	36.2	11.7	9.4	10.5
1877...	105	117	222	26	34	60	25	22	47	21	7	28	46	50	96	358	427	785	360	426	786	24.7	29.0	27.0	12.7	11.7	12.2
1878...	112	121	233	38	31	69	20	14	34	11	10	21	47	57	104	354	436	790	362	430	792	33.9	25.6	29.6	12.9	13.2	13.1
1879...	104	111	215	32	36	68	15	22	37	4	2	6	48	50	98	359	437	796	360	440	800	30.7	32.4	31.6	13.3	11.3	12.2
1880...	115	114	229	46	32	78	20	25	45	6	9	15	53	32	85	349	453	802	361	448	809	40.0	28.0	34.0	14.6	7.1	10.5
1881...	102	120	222	45	34	79	11	16	27	3	...	3	35	34	69	357	489	846	360	472	832	44.0	28.3	35.5	9.7	7.2	8.2
1882...	115	107	222	43	70	113	10	20	30	2	6	8	51	27	78	366	473	839	360	475	835	38.7	67.9	52.8	14.1	5.6	9.3
1883...	103	137	240	42	53	95	30	38	68	...	2	2	41	39	80	356	478	834	360	478	838	40.7	38.6	39.5	11.3	8.1	9.5
1884...	115	114	229	42	49	91	14	28	42	8	4	12	52	34	86	355	477	832	361	483	844	38.1	45.7	41.9	14.4	7.0	10.1
1885...	96	114	210	43	29	72	14	26	40	4	1	5	33	39	72	357	496	853	359	480	839	27.1	32.0	29.6	9.1	8.1	8.5
1886...	100	110	210	40	47	87	14	26	40	7	31	38	45	29	74	351	473	824	357	480	837	42.1	45.6	43.9	12.6	6.0	8.8
1887...	124	104	228	46	44	90	15	10	25	3	4	7	47	50	97	364	469	833	361	474	835	37.7	43.5	40.3	13.0	10.5	11.6
Total..	2830	2896	5726	793	951	1744	338	397	735	207	144	351	1128	935	2063	Aver. or per cent.			305	369	674	28.0	32.8	30.4	12.8	8.8	10.6

*The apparently low per centage of Recoveries in these years is due to the Admission of many Chronic Lunatics from St. Pancras, Maidstone, and Peterborough.

TABLE IV.

Showing the History of the Annual Admissions since the Opening of the Asylum, with the Discharges and Deaths, and the Numbers of each Year remaining on the 31st December, 1887.

Admitted.						Of each Year's Admissions Discharged and Died in 1887.												Total Discharged and Died of each Year's Admissions to 31st December, 1886.												Remaining of each year's Admissions Dec.31st,1887			
	New Cases.		Relapsed Cases.			Recovered.			Relieved.			Not Improved.			Died.			Recovered.			Relieved.			Not Improved.			Died.						
Year.	M.	F.	M.	F.	Tot.	M.	F.	Tot.	M.	F.	Tot.	M.	F.	Tot.	M.	F.	Tot.	M.	F.	Tot.	M.	F.	Tot.	M.	F.	Tot.	M.	F.	Tot.	M.	F.	Tot.	Year.
1859	143	164	...	...	307	...	...	...	...	...	...	...	...	...	1	1	2	11	16	27	4	20	24	8	4	12	107	113	220	12	10	22	1859
1860	79	104	1	...	184	...	...	...	...	...	...	...	...	...	...	...	...	16	30	46	9	10	19	11	17	28	42	40	82	2	7	9	1860
1861	102	60	1	6	169	...	...	...	1	...	1	...	...	...	...	1	1	10	20	30	10	6	16	40	5	45	38	30	68	4	4	8	1861
1862	58	64	2	5	129	...	...	...	...	...	...	...	...	...	1	...	1	16	28	44	5	6	11	1	2	3	34	29	63	3	5	8	1862
1863	58	22	1	...	81	...	...	...	...	...	...	...	...	...	...	...	...	11	5	16	4	5	9	3	1	4	39	10	49	2	1	3	1863
1864	56	62	8	8	134	...	...	...	...	...	...	...	...	...	...	...	...	16	19	35	5	5	10	3	7	10	35	30	65	5	9	14	1864
1865	62	50	5	7	124	...	...	...	...	...	...	...	...	...	1	...	1	12	18	30	5	7	12	...	2	2	46	23	69	3	7	10	1865
1866	64	84	6	5	159	...	...	...	...	...	...	...	...	...	...	1	1	15	27	42	8	11	19	1	1	2	44	42	86	2	7	9	1866
1867	63	80	6	13	162	...	...	...	...	...	...	...	...	...	...	1	1	21	28	49	10	13	23	2	4	6	29	41	70	7	6	13	1867
1868	116	61	3	12	192	...	...	...	...	...	...	...	...	...	1	...	1	19	35	54	18	5	23	48	2	50	22	29	51	11	2	13	1868
1869	57	61	3	7	128	...	...	...	...	...	...	...	...	...	...	...	...	19	21	40	5	11	16	4	1	5	26	31	57	6	4	10	1869
1870	76	71	7	12	166	...	...	...	...	...	...	...	...	...	1	...	1	31	40	71	2	12	14	2	1	3	42	21	63	5	9	14	1870
1871	42	52	10	12	116	...	...	...	...	...	...	...	...	...	...	...	...	18	24	42	8	10	18	...	1	1	18	24	42	8	5	13	1871
1872	130	119	8	11	268	...	...	...	...	...	...	...	...	...	...	...	...	27	55	82	34	23	57	16	12	28	52	28	80	9	11	20	1872
1873	88	85	12	19	204	...	...	...	...	...	...	...	...	...	1	3	4	31	38	69	12	15	27	3	2	5	46	37	83	7	9	16	1873
1874	106	100	13	18	237	...	...	...	...	...	...	...	...	...	1	1	2	32	38	70	18	17	35	6	7	13	53	40	93	9	15	24	1874
1875	109	121	13	15	258	...	...	...	...	...	...	...	...	...	3	...	3	32	39	71	24	19	43	9	13	22	47	52	99	7	13	20	1875
1876	114	96	17	21	248	...	...	...	...	...	...	...	...	..	1	2	3	37	35	72	18	27	45	19	9	28	43	31	74	13	13	26	1876
1877	92	101	13	16	222	...	...	...	...	...	...	...	...	...	1	4	5	27	36	63	18	20	38	1	8	9	44	35	79	14	14	28	1877
1878	98	100	14	21	233	...	...	...	1	...	1	...	...	...	...	1	1	38	28	66	14	24	38	2	9	11	44	42	86	13	17	30	1878
1879	93	92	11	19	215	1	...	1	1	1	2	...	...	...	...	1	1	33	38	71	18	14	32	4	2	6	35	28	63	12	27	39	1879
1880	98	87	17	27	229	...	...	...	1	...	1	...	...	...	2	1	3	43	38	81	15	25	40	6	5	11	37	24	61	11	21	32	1880
1881	95	98	17	22	222	...	...	...	2	...	2	...	...	...	1	2	3	40	56	96	16	12	28	3	7	10	27	28	55	13	15	28	1881
1882	93	80	22	27	222	1	...	1	...	2	2	...	...	...	...	2	2	41	45	86	13	17	30	1	5	6	37	17	54	22	19	41	1882
1883	79	110	24	27	240	...	1	1	...	1	1	...	...	...	3	1	4	46	49	95	10	28	38	3	5	8	26	22	48	15	30	45	1883
1884	93	79	22	35	229	...	2	2	1	2	3	...	...	...	...	3	3	44	44	88	8	9	17	5	4	9	33	19	52	24	31	55	1884
1885	81	92	15	22	210	...	1	1	2	...	2	...	...	...	3	8	11	40	32	72	10	12	22	1	4	5	22	17	39	18	40	58	1885
1886	78	86	22	24	210	16	13	29	1	4	5	2	1	3	6	9	15	21	25	46	2	4	6	2	...	2	13	2	15	37	52	89	1886
1887	104	83	20	21	228	28	27	55	5	...	5	1	3	4	20	8	28	...	...	...	...	...	...	...	...	...	...	...	...	70	66	136	1887
Total	2517	2464	313	432	5726	46	44	90	15	10	25	3	4	7	47	50	97	747	907	1654	323	387	710	204	140	344	1081	885	1966	364	469	833	Total

Summary of Total Admissions, 1859-87.	Male.	Female.	Total.
Per centage of the Recovered	28.0	32.8	30.5
,, Relieved	11.9	13.7	12.8
,, Not Improved	7.3	5.0	6.1
,, Dead...	39.9	32.3	36.0
,, Remaining	12.9	16.2	14.6

TABLE V.

Showing the Causes of Death during the Year 1887, together with the Ages at Death.

CAUSE OF DEATH.	Under 15 Years.			15 and under 20.			20 and under 25.			25 and under 30.			30 and under 35.			35 and under 40.			40 and under 45.			45 and under 50.			50 and under 55.			55 and under 60.			60 and under 65.			65 and under 70.			70 and under 75.			75 and under 80.			80 and under 85.			85 and under 100			Not known			Totals		
	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T
Cerebral Diseases.																																																			
Brain Atrophy	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	1	1	...	...	...	...	1	1	1	...	1	1	1	2	...	...	...	...	...	...	...	...	...	...	...	...	...	2	3	5
,, Softening	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	1	...	1	...	...	...	...	...	...	...	...	...	...	...	...	1	...	1
Abscess of Brain	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	1	1	...	...	...	...	...	...	...	...	...	...	...	...	...	1	1
Glioma	...	...	...	...	...	...	...	...	...	...	1	1	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	1	...	1	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	1	...	1
Meningitis	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	1	1	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	1	1
Myelitis	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	1	...	1	...	...	...	...	...	...	...	...	...	...	...	...	...	1	1	...	...	...	...	...	...	...	...	...	...	1	1	2
Apoplexy	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	1	1	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	1	1
Uraemic Coma	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	1	...	1	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	1	2	3
Epilepsy	...	...	...	...	...	...	...	...	...	...	2	2	...	...	...	...	...	...	...	...	...	...	...	...	1	...	1	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	10	5	15
Progressive Paralysis of Insane	...	...	...	...	...	...	...	...	...	...	...	...	1	2	3	2	...	2	5	1	6	2	1	3	...	1	1	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	1	1	...	...	...	...	2	1	3
Exhaustion from Mania	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	1	...	1	...	...	...	1	...	1	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...
Thoracic Diseases.																																																			
Pleurisy	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	1	...	1	1	...	1	...	...	...	...	...	...	...	...	...	...	...	2	...	2
Empyema	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	1	1	...	...	...	...	...	...	...	...	...	...	...	...	...	...	1	1
Bronchitis	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	1	...	1	...	1	1	...	1	1	...	...	...	...	...	...	...	1	2	3
Pneumonia	...	...	...	...	...	...	...	...	...	...	...	...	...	1	1	...	...	...	1	...	1	...	...	...	1	...	1	...	...	...	1	...	1	...	...	...	1	...	1	...	...	...	...	...	...	...	...	...	...	4	1	5
Pleuro-Pneumonia	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	1	...	1	...	...	...	1	...	1	...	...	...	...	...	...	...	...	...	...	1	1	...	...	...	...	...	...	...	...	...	...	...	...	...	2	1	3
Phthisis	...	...	...	...	1	1	...	1	1	...	...	...	2	...	2	1	3	4	...	1	1	...	3	3	...	...	...	...	1	1	...	2	2	1	2	3	...	...	...	...	...	...	...	...	...	...	...	1	...	1	5	14	19
Gangrene of Lung	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	1	...	1	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	1	...	1
Morbus Cordis	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	1	1	...	...	...	1	...	1	1	...	1	1	...	1	...	1	1	...	...	...	...	...	...	...	3	2	5
Abdominal Diseases.																																																			
Peritonitis	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	1	1	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	1	1
Nephritis	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	1	...	1	...	...	...	...	...	...	...	...	...	2	...	2	...	...	...	...	...	...	1	...	1	...	...	...	...	...	...	...	...	...	...	4	...	4
Other Diseases.																																																			
Cancer	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	1	1	...	...	...	...	...	...	1	...	1	...	...	...	...	2	2	1	...	1	...	...	...	...	...	...	...	...	1	...	1	...	...	...	3	3	6
Exhaustion from Diarrhœa	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	1	1	2	...	...	...	...	1	1	...	...	...	...	...	...	...	...	...	...	...	...	...	1	2	3
Decay of Old Age	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	2	2	2	3	5	...	1	1	1	...	1	3	6	9
Leucocythemia	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	1	1	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...	1	1
Totals	...	...	...	...	1	1	...	1	1	...	3	3	3	3	6	5	4	9	7	2	9	4	6	10	4	4	8	4	4	8	4	4	8	7	7	14	4	2	6	...	4	4	2	4	6	1	1	2	2	...	2	47	50	97

Ascertained by *Post-Mortem* Examination :—Males, 22 ; Females, 24 ; Total, 46.

TABLE VI.

Showing the Length of Residence in those Discharged Recovered and in those who have Died during the Year 1887.

LENGTH OF RESIDENCE.	RECOVERED.			DIED.		
	M.	F.	T.	M.	F.	T.
Under 1 month.....	8	3	11	4	2	6
1 month and under 3 months	16	14	30	9	4	13
3 months ,, 6 ,,	6	11	17	9	4	13
6 ,, ,, 9 ,,	8	3	11	2	3	5
9 ,, ,, 12 ,,	4	4	8	1	1	2
1 year ,, 2 years	2	6	8	4	8	12
2 years ,, 3 ,,	...	2	2	...	5	5
3 ,, ,, 5 ,,	1	1	2	3	3	6
5 ,, ,, 7 ,,	...	...	...	2	4	6
7 ,, ,, 10 ,,	1	...	1	2	4	6
10 ,, ,, 12 ,,	...	...	...	4	4	8
12 ,, ,, 15 ,,	...	...	...	2	4	6
15 ,, ,, 20 ,,	...	...	...	2	...	2
20 ,, ,, 25 ,,	...	...	...	2	2	4
25 ,, ,, 30 ,,	...	...	...	1	2	3
TOTAL.....	46	44	90	47	50	97

TABLE VII.

Disorder on Admission in the Admissions, Discharges, and Deaths during the Year 1887.

Admissions.		The Discharges.						The Deaths.		
		Recovered.			Removed, Relieved, or otherwise.					
Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.
50	107	24	17	41	7	6	13	14	15	29
13	24	2	5	7	2	...	2	7	8	15
26	58	16	19	35	3	6	9	11	21	32
5	14	...	...	...	3	1	4	8	3	11
1	4	...	...	...	2	...	2	...	2	2
9	21	4	3	7	1	1	2	7	1	8

TABLE VIII.

Showing, in Quinquennial Periods, the Ages of those Admitted, Recovered, and Died, during the Year 1887, and of those remaining on the 31st December 1887.

AGE.	The Admissions.			Recovered.			The Deaths.			Patients Resident 31st Dec., 1887.		
	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.
5 years and under 10 years ...	...	...	...	...	...	...	...	...	...	2	...	2
10 ,, ,, 15 ,, ...	3	...	3	1	...	1	...	...	...	5	...	5
15 ,, ,, 20 ,, ...	7	6	13	1	3	4	...	1	1	12	4	16
20 ,, ,, 25 ,, ...	11	6	17	3	3	6	...	1	1	19	18	37
25 ,, ,, 30 ,, ...	15	12	27	9	4	13	...	3	3	29	31	60
30 ,, ,, 35 ,, ...	13	13	26	5	6	11	3	3	6	36	53	89
35 ,, ,, 40 ,, ...	12	14	26	4	7	11	5	4	9	43	53	96
40 ,, ,, 45 ,, ...	15	9	24	11	3	14	7	2	9	52	60	112
45 ,, ,, 50 ,, ...	12	16	28	3	10	13	4	6	10	50	45	95
50 ,, ,, 55 ,, ...	11	8	19	5	3	8	4	4	8	27	57	84
55 ,, ,, 60 ,, ...	5	7	12	2	2	4	4	4	8	25	49	74
60 ,, ,, 65 ,, ...	7	2	9	1	...	1	5	4	9	24	40	64
65 ,, ,, 70 ,, ...	6	5	11	1	1	2	6	7	13	15	31	46
70 ,, ,, 75 ,, ...	5	2	7	...	2	2	4	2	6	4	11	15
75 ,, ,, 80 ,, ...	...	1	1	...	...	...	...	4	4	7	4	11
80 ,, ,, 85 ,, ...	1	2	3	...	...	...	2	4	6	4	5	9
85 ,, ,, 90 ,, ...	...	...	...	...	...	...	1	1	2	...	1	1
90 ,, ,, 95 ,, ...	...	...	...	...	...	...	...	...	...	...	...	...
Unknown.....	1	1	2	...	...	...	2	...	2	10	7	17
Total	124	104	228	46	44	90	47	50	97	364	469	833
Mean Age.....	40.6	41.5	41.0	38.4	40.0	39.2	54.8	55 0	54.9	42.0	46.0	44.3

TABLE IX.

Showing the Condition as to Marriage in the Admissions, Recoveries, and Deaths during the Year 1887, and of Patients resident on the 31st December, 1887.

Condition in reference to Marriage.	The Admissions.			The Discharges. Recovered.			The Deaths.			Patients Resident December 31st.		
	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.
Single	50	43	93	17	16	33	16	20	36	228	238	466
Married	63	45	108	25	21	46	24	19	43	108	169	277
Widowed	8	16	24	2	7	9	4	11	15	11	51	62
Unknown	3	...	3	2	...	2	3	...	3	17	11	28
Total	124	104	228	46	44	90	47	50	97	364	469	833

TABLE X.

Showing the Probable Causes of Insanity in the Patients Admitted during the Year 1887.

Cause of Insanity.	Number of Instances in which each Cause was Assigned.											
	Admissions ... { No. of Cases. M. 124. ... F. 104. ... Total, 228.											
	As Predisposing Cause.			As Exciting Cause.			As Predisposing or Exciting (where these could not be distinguished).			Total.		
	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.
MORAL.												
Domestic Trouble (including Loss of Relatives and Friends)	...	...	...	5	14	19	...	...	...	5	14	19
Adverse Circumstances (including Business Anxieties & Pecuniary Difficulties)...	...	...	...	6	2	8	...	...	...	6	2	8
Mental Anxiety and Worry (not included in the above two heads) and Overwork	...	...	...	7	3	10	...	...	...	7	3	10
Religious Excitement	...	...	...	4	1	5	...	...	...	4	1	5
Love Affairs (including Seduction) ...	...	...	...	1	9	10	...	...	...	1	9	10
Fright and Nervous Shock	...	...	...	1	2	3	...	...	...	1	2	3
PHYSICAL.												
Intemperance in Drink	1	...	1	18	8	26	...	...	...	19	8	27
Self-Abuse (Sexual)	...	...	...	2	...	2	...	...	...	2	...	2
Sunstroke	...	...	...	1	...	1	...	...	...	1	...	1
Accident or Injury	3	...	3	1	...	1	1	...	1	5	...	5
Pregnancy	...	...	...	...	...	...	...	...	...	...	...	...
Parturition and the Puerperal State...	...	...	...	...	3	3	...	...	...	...	3	3
Lactation	...	...	...	...	...	...	...	...	...	...	...	...
Privation and Starvation	...	...	...	2	2	4	1	...	1	3	2	5
Old Age	...	...	...	1	4	5	...	...	...	1	4	5
Other Bodily Diseases or Disorders ...	3	1	4	7	5	12	3	1	4	13	7	20
Previous Attacks	20	24	44	...	...	...	...	...	...	20	24	44
Hereditary Influences Ascertained (direct and collateral)	19	19	38	...	...	...	...	...	...	19	19	38
Congenital Defect Ascertained	...	...	...	...	...	...	5	1	6	5	1	6
Unknown	...	...	...	...	...	...	...	...	...	34	27	61
	46	44	90	56	53	109	10	2	12	146	126	262

TABLE XI.

Showing the Form of Mental Disorder on Admission in the Admissions, Recoveries, and Deaths of the Year 1887, and the Form of Mental Disorder of the Inmates on 31st December, 1887.

Form of Mental Disorder.	Admissions.			Recoveries.			Deaths.			Remaining in Asylum. Form of Mental Disorder, 31st December, 1887.		
	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.
Congenital or Infantile Mental Deficiency *(a)* with Epilepsy	3	1	4	...	...	...	...	...	...	6	4	10
,, *(b)* without Epilepsy	3	1	4	...	...	...	2	1	3	30	15	45
Epilepsy—Acquired	9	5	14	...	...	...	2	4	6	39	40	79
General Paralysis of the Insane ...	17	3	20	...	...	...	10	4	14	17	3	20
Mania :—												
,, Acute	35	38	73	25	16	41	7	17	24	29	43	72
,, Chronic	1	1	2	...	...	...	3	2	5	92	148	240
,, Recurrent	16	17	33	10	13	23	4	5	9	16	23	39
,, a Potu	1	...	1	2	...	2	...	...	...	4	...	4
,, Puerperal	...	1	1	...	2	2	...	...	...	...	...	...
,, Senile	2	...	2	1	...	1	4	1	5	9	16	25
Melancholia :—												
,, Acute	13	14	27	5	6	11	4	9	13	15	25	40
,, Chronic	...	...	...	...	...	...	...	...	...	13	17	30
,, Recurrent	3	5	8	1	3	4	2	...	2	2	5	7
,, Puerperal	...	...	...	...	...	...	...	...	...	...	...	...
,, Senile	1	1	2	...	...	...	...	...	...	4	5	9
Dementia :—												
,, Primary	3	4	7	1	3	4	...	1	1	6	18	24
,, Secondary	9	9	18	...	...	...	3	...	3	62	85	147
,, Senile	5	4	9	...	...	...	5	6	11	18	22	40
,, Organic, *i.e.*, from Tumours, Coarse Brain Disease, &c.	2	...	2	...	...	...	1	...	1	2	...	2
Hysteria	1	...	1	1	...	1	...	...	...	...	...	...
Not Insane on Admission	...	...	...	...	1	1	...	...	...	...	...	...
Totals	124	104	228	46	44	90	47	50	97	364	469	833

TABLE XII.

Showing the Station or Occupation of Patients admitted during the Year 1887.

MALES.	NO.
Artist	1
Agent (Commission)	1
Bricklayers	6
Blacksmith	1
Builder	1
Bakers	2
Brickmakers	2
Brass Finisher	1
Butcher	1
Brush-back Maker	1
Coachmen	2
Captain of Schooner	1
Compositor	1
Cook	1
Captain (Army)	1
Chemist	1
Carrier	1
Cab-Drivers	3
Cork Cutter	1
Chemical Manufacturer ...	1
Carpenters...	3
Drapers' Assistants	5
Detective-Sergt.	1
Dentist	1
Dispenser	1
Engineer (Electrical)	1
Fishermen	3

MALES.	NO.
Farmers	3
Grocer	1
Gamekeeper	1
Grooms	2
Gunsmith	1
Gardener	1
Hair Dresser	1
Hawker	1
Harness-maker	1
Jeweller	1
Labourers—Agricultural ...	12
,, General	12
Lodging-house Keeper	1
Naturalist	1
Overseer (Assistant)	1
Painter	1
Postmen	3
Preacher (Wesleyan Methodist)	1
Porter	1
Reporter	1
Soldiers	3
Solicitor's Clerk	1
Shoemakers	6
Seaman	1
Tailors	2
Traveller (Commercial) ...	1
Woodchopper	1

MALES.	NO.
Wood Turner	1
Waiter	1
Wheelwright	1
Writer	1
No Occupation	9
Unknown	4
TOTAL ...	124

FEMALES.	NO.
Basket-maker	1
Cowkeeper...	1
Charwomen	2
Cooks	6
Domestic Servants	20
Dressmakers	2
Fieldwork	1
Governess	1
Housekeepers	6
Hawker	1
Laundress	1
Nurses	2
Professor of Dancing	1
Prostitute	1
Shirtmaker	1

FEMALES.	NO.
Seamstress...	1
Teachers	2
Umbrella-maker	1
Washerwoman	1
Wife of Lodging-house keeper...	1
,, Hand-chairman ...	1
,, Shoemaker	1
,, Farmer	1
,, Captain (Army) ...	1
,, Blacksmith	1
,, Carter	1
,, Boatman	1
,, Sawyer	1
,, Mariner	1
,, Gardener	1
Wives of Carpenters	3
,, Coachmen	2
,, Labourers...	11
,, Engaged in house duties	4
Widow of Labourer	1
No Occupation	18
Unknown	2
TOTAL ...	104

TABLE XIII.

Patients' Daily State and Employment.

(Compiled from the Daily State Book, which is made up from the Ward Returns).

OCCUPATION OR TRADE.	Daily No. of Patients Employed.
Male Patients.	
Working Party. With the Gardener and Out-door Attendants	82
Working Party. With the Farm Attendants	22
Working Party. With the Cowman	4
With the Carpenter	4
,, Bricklayer	2
,, Upholsterer	3
,, Basket-maker	3
,, Tailor...	14
,, Shoemaker	12
,, Matmaker...	20
,, Painter	6
,, Engineer	2
,, Baker...	3
,, House Attendant	2
,, Bath ,, ...	4
In the Dining Hall	9
,, Storekeeper's Stores...	4
,, Wards (Cleaning)	120
Daily Number Employed	316
Female Patients.	
In Laundry and Wash-house	65
,, Kitchen...	10
,, Dining Hall...	17
,, Wards, &c. (Cleaning)	74
,, ,, (Needlework)	224
,, Vegetable Room...	8
Daily Number Employed	398

	DAILY ATTENDANCE.		
ATTENDANCE AT—	M.	F.	TOTAL.
Sunday Divine Service	276	403	679
Week-day ,, ...	250	370	620
School	60	60	120
Weekly Ball	130	130	260
Other Entertainments	145	150	295
Walk about Grounds	10	450	460
,, beyond ,, ...	80	80	160
,, on Terraces	154	398	552
NIGHT REPORT.			
Number of Wet Cases	7	8	15
,, Dirty ,, ...	3	4	7
,, Noisy (at Night)	8	12	20
Average Number Resident (Mean Annual Population)	361	474	835

TABLE XIV.

THE ESTABLISHMENT.

OFFICERS.

Medical Superintendent	£1000	Furnished House, Coals, Vegetables, and Laundry.
Chaplain	250	None.
Clerk to Visitors	120	None.
Clerk of Asylum	300	None.
Senior Assistant Medical Officer ...	200	Lodging, Board, Washing, and Attendance.
Junior Assistant Medical Officer ...	100	Lodging, Board, Washing, and Attendance.
Housekeeper	60	Lodging, Board, Washing, and Attendance.
Head Attendant (Female)	90	Lodging, Board, Washing, and Attendance.
Female Assistant Officer	35	Lodging, Board, Washing, and Attendance.
Storekeeper	150	House and Gas.
Head Attendant (Male)	105	House, Coals, Vegetables, and Gas.

ATTENDANTS AND SERVANTS.

1	Male Attendant (Night) ...	67	0	0	Without Board, &c.
1	Ditto ditto ...	63	0	0	Without Board, &c.
1	Ditto ditto ...	57	0	0	Without Board, &c.
1	Ditto ditto ...	55	0	0	Without Board, &c.
1	Ditto ditto ...	26	0	0	Board, Lodging, and Washing.
1	Organist and Schoolmaster	52	0	0	Without Board, &c.
1	Office Clerk	75	0	0	Dinner Daily.

Board, Lodging, and Washing:—

1	Male Attendant (Dining Hall)	38	0	0
5	Ditto	40	0	0
2	Ditto	37	0	0
3	Ditto	36	0	0
2	Ditto	30	0	0
2	Ditto	29	0	0
1	Ditto	28	0	0
6	Ditto	27	0	0
1	Ditto	26	0	0
1	Female Attendant (Night)	29	0	0
2	Ditto ditto	20	0	0
2	Ditto ditto	18	0	0
1	Ditto (Dining Hall)	22	0	0
3	Ditto	30	0	0
3	Ditto	25	0	0
1	Ditto	23	0	0
6	Ditto	20	0	0
3	Ditto	19	0	0
2	Ditto	18	0	0
5	Ditto	17	0	0
3	Ditto	16	0	0
1	Seamstress	23	0	0
1	Head Laundry Maid	30	0	0
1	Laundry Maid	20	0	0
1	Ditto	18	0	0
1	Ditto	17	0	0
1	Hall Porter	40	0	0
1	Man Cook	45	0	0
1	Dairy Maid...	19	0	0
1	Kitchen Maid	18	0	0
1	Vegetable Room Maid ...	14	0	0
2	Housemaids	16	0	0
1	Ditto	15	0	0
1	Farm Attendant	32	0	0
1	Ditto	26	0	0
1	House Attendant	36	0	0
1	Bath ditto	31	0	0

House, Coals, Vegetables, &c.

	per Week.		
1 Engineer	1	18	0
1 Bailiff	1	5	0
1 Gardener	1	5	0
1 Blacksmith (House & Gas)	1	6	0
1 Front Ground Labourer ...	0	18	6

	per Week.		
Tailor	1	4	0
Shoemaker	1	6	0
Matmaker	1	6	0
Basket-maker	1	4	0
Upholsterer	1	12	0
Baker	1	8	2
Butcher	1	5	0
Under Garden Attendant ...	1	1	0
Carpenter	1	11	0
Bricklayer	1	11	0
Bricklayer's Labourer	1	0	0
Painter and Glazier	1	11	0
Stoker...	1	1	0
Ditto	0	19	0
Cowman	1	0	0
Under Cowman	0	17	0
Two Carters	0	19	0
Stockman	0	17	0
House Carter	1	0	0

Made up on January 1st, 1888.

TABLE XV.

Contract Prices of the Principal Articles of Consumption for the Year 1887.

ARTICLES.		QUARTERS ENDING											
		March.			June.			September.			December.		
		£	s.	d.	£	s.	d.	£	s.	d.	£	s.	d.
Beef	@ ℔ Stone	0	4	6	0	4	6	0	4	4	0	4	4
Mutton	,, ,,	0	4	6	0	4	6	0	4	4	0	4	4
Flour—Households	,, Sack	1	7	0	1	5	0	1	5	0	1	3	4
,, Seconds	,, ,,	1	6	0	1	4	0	1	4	0	1	1	6
Meal	,, ,,	1	6	0	1	4	0	1	4	0	1	0	0
Ale—X	,, Barrel	1	1	0	1	1	0	1	1	0	1	1	0
,, —XX	,, ,,	1	10	0	1	10	0	1	10	0	1	10	0
Cheese	,, Cwt.	1	14	0	1	13	0	1	13	0	1	10	0
Butter	,, ,,	3	10	0	3	4	0	3	4	0	5	8	0
Bacon	,, ,,	3	0	0	3	0	0	3	0	0	3	0	0
Sugar—Raw	,, ,,	0	12	9	0	12	6	0	12	6	0	14	6
,, Refined	,, ,,	0	16	0	0	14	6	0	14	6	0	16	0
Treacle	,, ,,	0	10	0	0	11	0	0	11	0	0	14	6
Soap—Yellow	,, ,,	1	1	6	0	19	0	0	19	0	0	19	9
,, Soft	,, Firkin	0	10	3	0	9	0	0	9	0	0	8	9
Coals—Steam	,, Ton	0	17	5	0	17	5	0	17	5	0	17	2
,, House	,, ,,	0	15	10	0	15	10	0	15	8	0	15	8
Coke	,, Chaldron	0	7	2	0	7	2	0	5	11	0	5	11

TABLE XVI.

DIET SCALE.

	BREAKFAST At 8.0 A.M.					DINNER at 1.0 P.M.																SUPPER at 6.0 P.M.					
	Males.		*Females.*			*Males.*								*Females.*								*Males.*			*Females.*		
																						Sweet Cake or			Sweet Cake or		
	Bread.	Cocoa.	Bread.	Butter.	Coffee.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Suet Pudding.	Pea Soup.	Plum Dumpling	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Plum Pudding.	Pea Soup.	Meat Stew.	Vegetables.	Bread.	Butter.	Coffee.	Bread.	Butter.	Tea.
	oz.	pt.	oz.	oz.	pt.	oz.	pt.	oz.	oz.	oz.	pt.	oz.	oz.	oz.	pt.	oz.	oz.	oz.	pt.	pt.	oz.	oz.	oz.	pt.	oz.	oz.	pt.
Sunday	6	1	5	$\frac{3}{8}$	1	4	$\frac{1}{2}$	6	...	12	...	...	16	2	$\frac{1}{2}$	8	...	...	...	...	12	6	$\frac{1}{2}$	1	5	$\frac{3}{8}$	1
Monday ...	6	1	5	$\frac{3}{8}$	1	4	$\frac{1}{2}$	4	...	...	1	...	8	2	$\frac{1}{2}$	4	...	...	...	...	12	6	$\frac{1}{2}$	1	5	$\frac{3}{8}$	1
Tuesday ...	6	1	5	$\frac{3}{8}$	1	4	$\frac{1}{2}$	4	12	...	...	...	12	4	$\frac{1}{2}$	4	...	...	...	1	12	6	$\frac{1}{2}$	1	5	$\frac{3}{8}$	1
Wednesday ...	6	1	5	$\frac{3}{8}$	1	4	$\frac{1}{2}$	...	...	...	...	16	...	4	$\frac{1}{2}$	4	...	...	...	1	12	6	$\frac{1}{2}$	1	5	$\frac{3}{8}$	1
Thursday ...	6	1	5	$\frac{3}{8}$	1	4	$\frac{1}{2}$	8	...	...	...	...	16	2	$\frac{1}{2}$	...	...	12	...	...	...	6	$\frac{1}{2}$	1	5	$\frac{3}{8}$	1
Friday	6	1	5	$\frac{3}{8}$	1	4	$\frac{1}{2}$	4	12	...	...	...	12	4	$\frac{1}{2}$	4	...	...	1	...	8	6	$\frac{1}{2}$	1	5	$\frac{3}{8}$	1
Saturday ..	6	1	5	$\frac{3}{8}$	1	4	$\frac{1}{2}$	4	...	...	1	...	8	2	$\frac{1}{2}$	4	8	...	...	...	12	6	$\frac{1}{2}$	1	5	$\frac{3}{8}$	1
Weekly Total	42	7	35	$2\frac{5}{8}$	7	28	$3\frac{1}{2}$	30	24	12	2	16	72	20	$3\frac{1}{2}$	28	8	12	1	2	68	42	$3\frac{1}{2}$	7	35	$2\frac{5}{8}$	7

TABLE XVI.—*Continued.*

DINNER.

	Male Patients.	*Female Patients.*
Sunday	Pork and Suet Pudding, with Rice and Fruit in season.	Roast Meat, with Rice and Fruit in season.
Monday	Pea Soup.	Pork or Beef and Vegetables.
Tuesday	Meat Pudding and Rice Pudding.	Meat Stew.
Wednesday ...	Plum Dumpling and Treacle Sauce.	Meat Stew.
Thursday ...	Roast Meat & Pickled Pork.	Plum Pudding & Treacle Sauce.
Friday	Meat Pudding.	Pea Soup. Every other Friday, ½lb. of Fresh Fish.
Saturday ...	Pea Soup. Every other Saturday, ¾lb. of Fresh Fish.	Meat Pudding.

Bread, Beer, and Vegetables Daily.
When Rice and Fruit Pudding is given on Sunday, 4oz. less Suet Pudding to Males, and 1oz. less Meat to Females.

Extra Diet for Sick.—Minced Meat, Steak, Mutton Chop, Fowl, Fish, Eggs, Mutton Broth, Beef Tea, Essence of Beef, Milk, Arrowroot, Rice Pudding, Batter Pudding, Sago, Barley Water, Gruel, Oranges, Biscuits, Calf's Foot Jelly, Porter, Bitter Ale, Port Wine, Sherry, Brandy, Gin, Whisky, Rum, Lemonade, Soda Water.

Extra Diet for Working Patients.—½ Pint Beer, 2oz. Bread, 1oz. Cheese at 11 A.M., and ½ Pint Beer at 4 P.M.; the Laundry Patients 4oz. Bread, with Butter, and ½ Pint Tea. Tobacco and Snuff given as indulgences.

Attendants' and Servants' Diet.—Men, 1lb. Uncooked Meat; Women, ¾lb. ditto; 1lb. Vegetables, 1lb. Bread, 2 Pints Beer daily; 2oz. Tea, ¾lb. Sugar, ¼lb. Coffee, ½lb. Butter, 1lb. Cheese weekly. ¼lb. of Meat may be exchanged for Pudding or Pie, at the discretion of the Housekeeper.

Cocoa for One Hundred Patients.—3¼lbs. Cocoa, 4¾lbs. Sugar, 3 Gallons Milk, or more, if the Dairy yields it.

Coffee *Ditto* 1½lbs. Coffee, ¼lb. Chicory, 3¾lbs. Sugar, 2 Gallons Milk.

Tea *Ditto* 1lb. Tea, 4lbs. Sugar, and 2 Gallons Milk.

Pea Soup *Ditto* The Liquor of the Cooked Meat, Bones, &c.; 25lbs. Meat; 18lbs. Split Peas; Turnips, Cabbage, Parsnip, Leeks, Onions, Artichokes, or other Vegetables, Herbs, Salt, and Pepper.

Meat Pie *Ditto* Dripping Crust; 31lbs. Flour; 51lbs. Potatoes; 13lbs. Meat.

Meat Pudding *Ditto* 25lbs. Meat; 25lbs. Flour. (Boiled or Baked.)

Meat Stew *Ditto* 25lbs. Meat in a Stew, with Potatoes and other Vegetables mixed with Rice and Barley.

Plum Pudding, 100lbs. weight.—Flour, 46¾lbs.; Suet, 6¼lbs.; Raisins, 7¾lbs.

(Signed) S. W. D. WILLIAMS, M.D.,
Medical Superintendent.

HAYWARDS HEATH, 31st December, 1887.